

**What's the Difference Between Anger Management
And
Certified Batterer Intervention Programs?**

	Anger Management	Certified Batterer Intervention
Are programs state certified?	No	Yes. Certification is granted by the Tennessee Domestic Violence State Coordinating Council, which is administered by the Tennessee Coalition Against Domestic and Sexual Violence
Who is served by the programs?	Perpetrators of stranger or non-intimate violence	Specifically designed to work with domestic violence offenders
How long are the programs?	Usually 6-20 sessions, with an average program lasting 10 sessions	At a minimum, 24 sessions, with most being 26-52 sessions.
Do programs contact victims?	No	Yes. If the offender makes threats toward the victim, the program will contact the victim and the proper authorities. The program will inform the victim of the status of the offender's classes and provide her with referrals to a local victims program.
Are programs monitored by a state agency?	No	Yes. By the Tennessee Domestic Violence State Coordinating Council
Are programs linked with a battered women's agency?	No	Yes. Each certified program must have a letter of support from a battered women's agency and demonstrate a working relationship with a local coordinated community response to domestic violence
Do programs assess batterers for lethality?	No	Yes. While not a perfect prediction model, certified programs at the very least ask questions which reveal how potentially lethal a batterer may be – such as if he owns a gun or has been convicted of other violent offenses
What is the emphasis of the intervention?	Violence is seen as a momentary outburst of anger. Perpetrators are taught to use techniques like "time outs"	Physical violence is seen as one of many forms of abusive behaviors chosen by batterers to control their intimate partners, including physical, sexual, verbal, emotional and economic abuse. Batterer intervention models hold batterers accountable for the violent and abusive choices they make. They teach batterers to recognize how their abuse affects their partners and children and to practice alternatives to abusive behaviors
Are group facilitators trained about domestic violence?	Subject to agency discretion	Yes. State standards specify that facilitators must receive an initial 40 hours of training and then 8 hours of training each year after.
How would I address grievances with this type of program?	Talk to the director of the program	<ol style="list-style-type: none"> 1. Talk to the director of the program. 2. Write the Tennessee Domestic Violence State Coordinating Council at the address below.

*Tennessee Domestic Violence State Coordinating Council: 2 International Plaza Drive Suite 425, Nashville TN 37217.
Phone: 615-386-9406 . Fax: 615-383-2967.*